

September



LEARNING IS FUN!

# CENTRALIA CITY SCHOOLS LUNCH MENU



| Sun          | Mon  | Tue   | Wed  | Thu  | Fri  | Sat |
|--------------|--|---|--|--|--|-----|
| 1<br><br>H1  | 2<br><br>LABOR DAY<br><br>NO SCHOOL  | 3<br>Chicken Strips<br>Roll<br>Mashed Potatoes<br>Mandarin Oranges<br>Dipping Sauce<br>Milk                     | 4<br>Sloppy Joe/ Bun<br>Tater Tots<br>Applesauce<br>Ketchup<br>Milk                                | 5<br>WG Cheese Pizza<br>Romaine Salad & Dressing<br>Baby Carrots<br>Fresh Fruit<br>Milk  | 6<br>Taco/Cheese<br>Lettuce & Refried Beans<br>Kiwi-Strawberry<br>Sidekick<br>Milk | 7   |
| 8<br><br>H2  | 9<br>Homestyle Chicken<br>Patty/Bun<br>Tater Tots<br>Fresh Fruit<br>Milk                   | 10<br>WG Corn Dog<br>Baby Carrots<br>Apple<br>Ketchup/Mustard<br>Graham Crackers/Milk                           | 11<br>Hamburger/ Bun<br>Flame Roasted Corn and<br>Beans<br>Peaches<br>Ketchup/Mustard<br>Milk      | 12<br>WG Chicken Taco<br>Romaine Salad & Dressing<br>Baby Carrots<br>Fresh Fruit<br>Milk | 13<br><br>TEACHER<br><br>IN- SERVICE<br><br>NO SCHOOL                              | 14  |
| 15<br><br>H3 | 16<br>WG Chicken Strips<br>Roll/Corn<br>Applesauce<br>Dipping Sauce<br>Milk                | 17<br>WG Spaghetti w/Meat<br>Sauce<br>Green Beans<br>Peaches<br>Breadstick<br>Milk                              | 18<br>Chicken Stir Fry<br>Teriyaki<br>Veggie Steamed Rice<br>Steamed Baby Carrots<br>Apple<br>Milk | 19<br>Pepperoni Pizza<br>Romaine Salad<br>Red Peppers<br>Fresh Fruit<br>Milk             | 20<br>Taco Salad<br>Lettuce/ Cheese<br>Refried Beans/ Salsa<br>Fresh Fruit<br>Milk | 21  |
| 22<br><br>H4 | 23<br>Grilled Chicken<br>Sandwich<br>Green Beans<br>Strawberry/Pomegranate<br>Icee<br>Milk | 24<br>Homemade Chicken and<br>Noodles<br>Veggie Crackers<br>Catalina Blend Veggies<br>Fresh Fruit/ Roll<br>Milk | 25<br>Totally Taco Quesadilla<br>Fiesta Black Beans<br>Salsa<br>Mandarin Oranges<br>Milk           | 26<br>BBQ Pork Rib<br>Bun<br>Herb & Garlic Potatoes<br>Pineapple<br>Milk                 | 27<br>Tomato Soup<br>Grilled Cheese<br>Veggie Crackers<br>Applesauce<br>Milk       | 28  |
| 29<br><br>H5 | 30<br>Chicken Quesadilla<br>Salsa<br>Romaine Salad<br>Peaches/ Dressing<br>Milk            |   |  |  |  | 5   |