





**CENTRALIA CITY SCHOOLS
LUNCH MENU**



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|----------|--|--|--|---|--|---|
| 28 H3 | 29 Chicken Strips Roll/Corn Applesauce Dipping Sauce Milk | 30 Spaghetti w/Meat Sauce Green Beans Peaches Breadstick Milk | 1 Chicken Stir Fry Teriyaki Veggie Steamed Rice Steamed Carrots Apple Milk | 2 Pepperoni Pizza Romaine Salad Red Peppers Fresh Fruit Milk | 3 Taco Salad Refried Beans Salsa Fresh Fruit Milk | 4 |
| 5 H4 | 6 Grilled Chicken Sandwich Green Beans Strawberry/Pomegranate Icee Milk | 7 Homemade Chicken and Noodles Veggie Crackers Catalina Blend Veggies Fresh Fruit/ Roll Milk | 8 Totally Taco Quesadilla Fiesta Black Beans Salsa Mandarin Oranges Milk | 9 BBQ Pork Rib Bun Herb & Garlic Potatoes Pineapple Milk | 10 Tomato Soup Grilled Cheese Veggie Crackers Applesauce Milk | 11 |
| 12 H5 | 13 Chicken Quesadilla Salsa Romaine Salad Peaches FF Dressing Milk | 14 Sloppy Joe Bun Tater Tots Applesauce Milk | 15 Hamburger/Bun Fiesta Black Beans Pineapple Ketchup/Mustard Milk | 16 Cheese Pizza Romaine Salad Baby Carrots Mixed Fruit FF Dressing Milk | 17 BBQ Pork Bun French Fries Apple Milk | 18 |
| 19 H6 | 20 Homestyle Chicken Patty Bun Corn Mixed Fruit Milk | 21 Chicken Snack Wrap Shred Cheese Broccoli Fresh Fruit Milk | 22 Corn Dog Veggie Baked Beans Peaches Ketchup/Mustard Milk | 23 Turkey & Cheese/Bun Baby Carrots Apple Ketchup/Mustard Milk | 24 Teacher Institute Day | 25 |
| 26 | MEMORIAL DAY  | Free Summer Meals (All Children 18 and Un- der) | | To Find a Summer Meals site close to you: Call: 800-359-2163 Text: FoodIL to 877877 SummerMealsIllinois.org | |  |