




CENTRALIA CITY SCHOOLS
LUNCH MENU



Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 H3	29 Chicken Strips Roll/Corn Applesauce Dipping Sauce Milk	30 Spaghetti w/Meat Sauce Green Beans Peaches Breadstick Milk	1 Chicken Stir Fry Teriyaki Veggie Steamed Rice Steamed Carrots Apple Milk	2 Pepperoni Pizza Romaine Salad Red Peppers Fresh Fruit Milk	3 Taco Salad Refried Beans Salsa Fresh Fruit Milk	4
5 H4	6 Grilled Chicken Sandwich Green Beans Strawberry/Pomegranate Icee Milk	7 Homemade Chicken and Noodles Veggie Crackers Catalina Blend Veggies Fresh Fruit/ Roll Milk	8 Totally Taco Quesadilla Fiesta Black Beans Salsa Mandarin Oranges Milk	9 BBQ Pork Rib Bun Herb & Garlic Potatoes Pineapple Milk	10 Tomato Soup Grilled Cheese Veggie Crackers Applesauce Milk	11
12 H5	13 Chicken Quesadilla Salsa Romaine Salad Peaches FF Dressing Milk	14 Sloppy Joe Bun Tater Tots Applesauce Milk	15 Hamburger/Bun Fiesta Black Beans Pineapple Ketchup/Mustard Milk	16 Cheese Pizza Romaine Salad Baby Carrots Mixed Fruit FF Dressing Milk	17 Build Your Own Salad Bar Fresh Fruit Milk	18
19 H6	20 Homestyle Chicken Patty Bun Corn Mixed Fruit Milk	21 Chicken Snack Wrap Shred Cheese Broccoli Fresh Fruit Milk	22 Corn Dog Veggie Baked Beans Peaches Ketchup/Mustard Milk	23 Turkey & Cheese/Bun Baby Carrots Apple Ketchup/Mustard Milk	24 Teacher Institute Day	25
26	MEMORIAL DAY 	Free Summer Meals (All Children 18 and Un- der)		To Find a Summer Meals site close to you: Call: 800-359-2163 Text: FoodIL to 877877 SummerMealsIllinois.org		