Centralia City School District #135

400 South Elm Street Centralia, IL, 62801 (618) 532-1907 (618) 532-4986 (Fax)

Standing Orders Allergy/Anaphylaxis Protocol

In the event of an anaphylactic reaction, epinephrine will be administered by the school nurse according to the following procedures. These standing orders apply to persons who do not have individual orders provided by parents and/or physicians.

For Mild Allergic Reactions

May exhibit hives, itching, minor swelling

ACTION

- 1. Administer Benadryl utilizing age/weight appropriate dosage
- 2. Monitor to assess if symptoms improve or worsen
- 3. If needed, notify parent/physician for follow-up

For Severe Allergic Reactions (Anaphylaxis)

May exhibit some or all of the following symptoms:

- Flushing, hives, swelling, or itching, especially of the face, lips, mouth, eyes, tongue, or throat.
- Difficulty breathing or swallowing. Tightness in chest, mouth, or throat.
- · Coughing, sneezing, wheezing
- Difficulty talking or change in voice
- Fear or apprehension, feeling of impending doom
- Change in skin color, chills, rapid pulse
- Nausea, vomiting, abdominal pain, diarrhea
- Dizziness, fainting, collapse, convulsion

ACTION

- 1. Immediate assessment of respiratory system
- 2. Activation of EMS
- 3. Select age/weight appropriate Epinephrine doses (EpiPen, EpiPen Jr., or Auvi-Q)
- 4. Inject epinephrine according to manufacturer's recommendations
- 5. Monitor airway, breathing, and pulse
- 6. Provide CPR if necessary
- 7. May repeat Epinephrine in 20 minutes if needed or as recommended by manufacturer

Authorization:

I have reviewed the above Standing Orders.

Physician Signature:

Date: 8-17-2023