

Centralia City School District #135

400 South Elm Street

Centralia, IL, 62801

(618) 532-1907

(618) 532-4986 (Fax)

**Standing Orders**  
**Allergy/Anaphylaxis Protocol**

In the event of an anaphylactic reaction, epinephrine will be administered by the school nurse according to the following procedures. These standing orders apply to persons who do not have individual orders provided by parents and/or physicians.

**For Mild Allergic Reactions**

*May exhibit hives, itching, minor swelling*

**ACTION**

1. Administer Benadryl utilizing age/weight appropriate dosage
2. Monitor to assess if symptoms improve or worsen
3. If needed, notify parent/physician for follow-up

**For Severe Allergic Reactions (Anaphylaxis)**

*May exhibit some or all of the following symptoms:*

- *Flushing, hives, swelling, or itching, especially of the face, lips, mouth, eyes, tongue, or throat.*
- *Difficulty breathing or swallowing. Tightness in chest, mouth, or throat.*
- *Coughing, sneezing, wheezing*
- *Difficulty talking or change in voice*
- *Fear or apprehension, feeling of impending doom*
- *Change in skin color, chills, rapid pulse*
- *Nausea, vomiting, abdominal pain, diarrhea*
- *Dizziness, fainting, collapse, convulsion*

**ACTION**

1. Immediate assessment of respiratory system
2. Activation of EMS
3. Select age/weight appropriate Epinephrine doses (EpiPen, EpiPen Jr., or Auvi-Q)
4. Inject epinephrine according to manufacturer's recommendations
5. Monitor airway, breathing, and pulse
6. Provide CPR if necessary
7. May repeat Epinephrine in 20 minutes if needed or as recommended by manufacturer

**Authorization:**

I have reviewed the above Standing Orders.

Physician Signature: \_\_\_\_\_



Date: 8-16-2022

Centralia City School District #135

400 South Elm Street

Centralia, IL, 62801

(618) 532-1907

(618) 532-4986 (Fax)

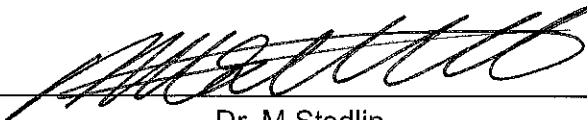
**Standing Orders for Over-the-Counter Medications**

- **Acetaminophen:** To be administered every 4-6 hours as needed for pain/temperature, utilizing age/weight appropriate dosage
- **Ibuprofen:** To be administered every 6 hours as needed for pain/temperature, utilizing age/weight appropriate dosage.
- **Tums:** To be administered for minor gastric upset or minor heartburn, utilizing age/weight appropriate dosage.
- **Cough Drops/ Throat Lozenges:** To be given as needed for minor cough/sore throats.
- **Triple Antibiotic Ointment:** To be applied to affected area (minor cuts, scrapes, abrasions)
- **Hydrocortisone 1%:** To be applied to affected area (minor skin irritations, rashes, inflammation, insect bites/stings).
- **Antifungal Cream/Ointment:** To be applied to affected area (fungal infection - ringworm, athlete's foot).
- **Calamine Lotion:** To be applied to affected areas (itching rashes).
- **Benadryl:** To be given as needed for allergic reactions

*With use of any of the above medications, the school nurse must make an assessment to determine the need for any administration. The school nurse is not obligated by this document to dispense medications where, in her judgment, such a use would not be appropriate despite the above mentioned indications.*

**AUTHORIZATION**

I have reviewed the above Standing Orders. Permission is granted for the School Nurse to provide the above over-the-counter medications to students enrolled in Centralia City Schools who have parent/guardian written permission on file with the School Health Office.



Dr. M Stedlin

8-16-2022

Date